



### Pope's Intention for February

**For the terminally ill:** We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

### Masses

#### Monday to Saturday:

8.00 a.m., 10.00 a.m.,  
11.30 a.m. 1.10 p.m. & 3.00 p.m.

#### Sunday:

6.00 p.m. (Saturday Vigil),  
8.00 a.m., 10.30 a.m., 12.30 p.m.  
& 4.00 p.m.

*Names can be enrolled for Mass and will be remembered and prayed for on the day requested.*

### St Jude Novena

This continues to be celebrated on Tuesdays at 8.00 p.m. and will be live-streamed on our website. The blessing with the Relics of St Jude and of St Thérèse of Lisieux will take place.

### Confessions

#### Tuesday to Friday:

10.30 a.m. to 11.30 a.m.  
3.00 p.m. to 4.00 p.m.

#### Saturday

10.30 a.m. to 12.30 p.m.  
2.00 p.m. to 4.00 p.m.

**SPOWIEDŹ W JĘZYKU POLSKIM**  
dostępna na prośbę.

### Devotions at 2.30 p.m.

**Monday:** Miraculous Medal –  
Rosary & Benediction

**Friday:** Exposition of the Blessed  
Sacrament – silent prayer

**Saturday:** Our Lady of Mount  
Carmel – Rosary & Benediction

**JOIN US FOR  
LITURGY THROUGH  
OUR WEBCAM**



## Ash Wednesday

When you go to an Ash Wednesday service, are you the type of person who wipes off your ashes immediately after, or do you leave them on your forehead the rest of the day? For a long time, I was one who cleaned them off right away - sometimes even on my

way out of the church. I would stop by the bathroom and take a wet paper towel to my forehead. I thought: What difference does it make?

My perspective changed after my son Peter was born with Down syndrome, and I began to reflect more deeply on what it means to wear an outward sign of human fragility. Unlike many of us, who are able to mask our vulnerabilities - to hide them behind clothes, makeup, achievements, degrees, wealth, status, and so on—Peter goes out into the world every day with physical signs of his fragility. While there are also outward signs of his many strengths, especially his bright smile and engaging affect, to meet Peter is to perceive immediately some of the ways that he needs help from other people.

When I think about the courage it takes to share our fragilities with other people, I marvel at Peter's bravery, and I am also inspired by the love and goodwill his honesty engenders. People respond to his openness by opening up themselves; their walls come down a little bit as they see their own humanity and vulnerability reflected in his.

The Gospel reading for Ash Wednesday invites us to reflect on the ways we present ourselves to the world. Jesus warns his disciples against hypocritical displays of piety - presenting on the outside something that doesn't match what we think and feel on the inside. It is a good warning for us too. We shouldn't wear our ashes this Wednesday as some kind of merit badge of faith. What I have learned from Peter, however, is that there is another kind of hypocrisy in forgoing this outward sign of our mortality and dependence on God. I began to wonder if my quick removal of ashes was another way to avoid acknowledging the very thing Lent calls us to confront: that I am finite, that I am not self-sufficient, that I need the help of God and other people.

Since Peter was born, the ashes have become a way for me to walk with Peter in a way I don't most days. Together we show the world that

**Church of Our Lady of Mount Carmel, (Whitefriar Street Church)**

56 Aungier Street, Dublin 2. D02 R598. Tel: (01) 475 8821.

Email: [hello@whitefriarstreetchurch.ie](mailto:hello@whitefriarstreetchurch.ie) [www.whitefriarstreetchurch.ie](http://www.whitefriarstreetchurch.ie)

Registered Charity CHY5894

we are dependent on God and others for our well-being. In this way we walk also with Jesus, who journeyed to Jerusalem knowing the potential harm that awaited him there.

Jesus told his disciples that to follow him meant to take up their own crosses. This Ash Wednesday, whether we wipe off our ashes sooner or later, I pray that the crosses on our foreheads will remind us of the fragility we all share and the hope that God will meet us in those vulnerable places and give us strength for the journey of Lent and beyond.

*Andrew R. Davis is an associate professor of Old Testament at the Boston College School of Theology and Ministry. He is the author of Exploring the Old Testament: Creation, Covenant, Prophecy, Kingship.*

### THIS WEEK'S LITURGICAL CALENDAR

Sunday, 11th February: Sixth Sunday of Ordinary Time  
 Monday, 12th February: Fifth Week Ordinary Time  
 Tuesday, 13th February: Fifth Week Ordinary Time  
 Wednesday, 14th February: Ash Wednesday  
 Thursday, 15th February: after Ash Wednesday  
 Friday, 16th February: after Ash Wednesday  
 Saturday, 17th February: after Ash Wednesday



**AST FROM**  
 judging others  
 emphasis on differences

despair  
 thoughts of illness  
 words that destroy

discontent  
 anger  
 being negative  
 pessimism

worry  
 complaining  
 hostility

bitterness  
 constant activity  
 disrespect

lethargy and boredom

**FEAST ON**  
 seeing the best in people  
 the unity of life

hope  
 the healing power of God  
 words that build and encourage

gratitude  
 patience  
 being positive  
 optimism

trust  
 appreciation  
 peacemaking and non-violence

forgiveness  
 slowing down  
 recognizing the sacred in all life

enthusiasm

### Baptisms & Weddings

Please contact the Parish Office if you have a Baptism or Wedding booked at this time.



### Mass Office, Church Shop & General Enquiries

Monday to Saturday:

8.30 a.m. – 4.00 p.m.

Sunday

10.00 a.m. - 2.00 p.m.

Items can be ordered by phone or through our online shop and they will be sent out by post. Shop and all other enquiries: (01) 475 8821

Email:

shop@whitefriarstreetchurch.ie

Web: <https://shop.whitefriarstreetchurch.com/>



### Parish Office

For certificates of Baptism, Confirmation and Marriage, or to book a Baptism or a Wedding.

Tel: 01 475 8821 Email:

parish@whitefriarstreetchurch.ie



### Society of St Vincent de Paul

Members meet each Monday evening to consider requests. For those living within our parish, requests can be made by ringing 01 855 0022.



### Carmelite Third Order/Lay Carmel

meet 2.00 p.m. on the Third Saturday of every month.



### Spotkania szkaplerzne w j.

**polskim w każdą 3 sobotę**

miesiąca o godz. 16.00.

Rozpoczęcie spotkań 16 września.

Eucharystia, nabożeństwo i

konferencja. Zapraszamy Karmelici.



### REMAINING VIGILANT

**Please continue to be safe and protect each other.**



### Carmelite Community Centre

Tel: (01) 475 4673

info@carmelitecommunitycentre.com



**THANK YOU FOR YOUR CONTINUED HELP**